

2018 IL-DO Taekwondo Tournament

For all students, all ages, & all belts

What is a tournament?

The purpose of this event is to celebrate and promote Taekwondo as a positive, character building sport, and teach each student to maintain a winning attitude in life. Whether the student is a white belt or black belt, students will physically and mentally benefit as they compete in safe and fun environment. Through competition, students will gain self confidence as they challenge themselves to improve. Every competitor will earn a MEDAL.

DATE: Saturday, September 22

LOCATION:

Portola High School
1001 Cadence, Irvine

START TIME: 2 Sessions

Session 1: 3-8 yrs @ 9:45am

Session 2: 9 yrs & older @ 1:00pm

COMPETITION EVENTS: Choose 1 or 2

- Obstacle Course: Ages 3-5. All belts
- Forms: Ages 6 & up. All belts. Compete with current or previous form.
- Sparring: Yellow Belt & above, bbc members & Black Belts only. All ages

FEE:

# of Events	Early Registration Aug. 1-26 <i>Save \$10</i>	Registration Aug. 27- Sept. 8
1 event	\$75	\$85
2 events	\$85	\$95

HOW TO REGISER

- Register ONLINE at www.ildotkd.com/tournament
- Mandatory** for all Black Belts.
- Color Belt must complete at least one tournament before they test for Black belt.

DEADLINE: *No registrations or refunds accepted after Sept. 8th.

ADMISSION:

\$5 spectator fee. (*cash only*). FREE for 5yrs & younger. **100% of the spectator fee** will be donated to the Irvine Police D.A.R.E program *DARE*

FOOD: Chic-fil-A will be available for purchase.

2018 IL-DO Taekwondo Tournament

For all students, all ages, & all belts

Date: Saturday, September 22

Start Time: Session 1: Ages 3-8 years @ 9:45am
Session 2: Ages 9 & older @ 1:00pm

Uniform: Wear a clean uniform. NO t-shirts. NO undershirts except for ladies. Ladies may wear a WHITE undershirt.

Entrance Fee: \$5 spectator fee. (*cash only*). FREE for 5yrs & younger

Food: Chic-fil-A will be available for purchase (cash only)

Sparring Gear: For sparring students ONLY. You will be disqualified if you do not have all your required sparring gear.

DIRECTIONS to PORTOLA HIGH SCHOOL

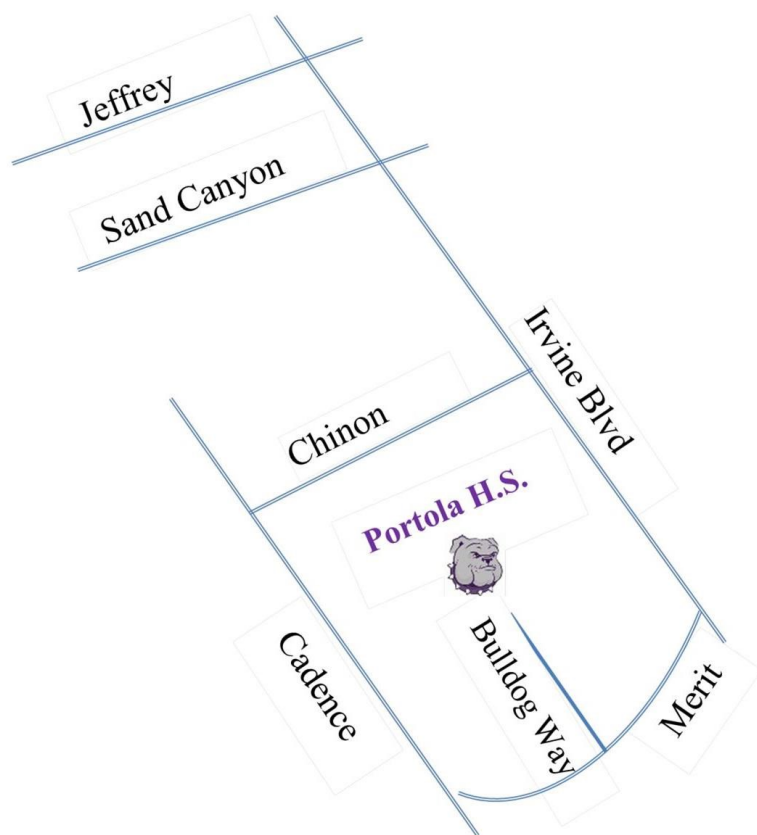
Location: Portola High School Gym,
1001 Cadence, Irvine

Directions from 405 fwy & Sand Canyon.

- Go East on Sand Canyon
- Make Right turn on Irvine Blvd
- Right on Merit
- Right Bulldog Way into Portola H.S. parking lot.

*25 mins from 405 fwy & Sand Canyon Exit

* DO NOT use google maps.



Competition Rules & Regulations

DRESS CODE: Competitors must wear CLEAN FULL UNIFORM. No t-shirts under the uniform. Only girls may wear a white undershirt. Undershirts must be tucked in and not showing.

FORMS:

1. Students can choose to perform their current form or their previous form.
2. Scores will be based on: Proper order, beauty, grace rhythm, accuracy, power, technique and attitude.

SPARRING RULES: ***There will be no coaching at the event.*

Duration of the Rounds: Two rounds of 1 minute with 30 seconds rest (11yrs & younger). Two rounds of 1 1/2 minute with 30 seconds rest (12yrs & older) Note: The tournament director may change the time limits if necessary and reserves the rights to alter weight divisions to ensure participation and promote safety.

- **Ages 4-12.** NO head contact at any time during the competition. A competitor, who executes a technique to the head area, will be subject to one of the following actions: 1) Any techniques, attempted to the head area but does not make contact, will be given a verbal warning by the referee. 2) Any techniques, which makes any contact with the head are will result in a one-point deduction by the referee (Gamjeom). If the competitor cannot continue because of contact with the head area, the attacker will be disqualified. Inability to continue competition because of fright, crying or loss of will following a legal kick to the body, does not constitute grounds for disqualification of the attacker.
- **Ages 13yrs & up.** Color belts 13 & older may not make head contact at any time. Black belts 13 & older are allowed light kicks to the facial area, however absolute control must be exercised or the appropriate penalty shall be invoked. The competitor who executes a successful technique (light contact without causing injury) shall be awarded 1 point. The competitor who executes a kick to the face or neck, which results in a minor injury, shall receive a one-point deduction. The competitor who executes a kick to the face or neck, which results in the inability of the opponent to continue because of injury, shall be disqualified. The jury, referee and judges, after consultation with the tournament physician, if necessary, shall make this determination. Note: Inability to continue because of fright, crying or loss of will, following a legal kick to the head, does not constitute grounds for disqualification of the attacker. Certain rules and/or regulations are subject to change at the discretion of the tournament director.

Mandatory Sparring Equipment: Competitor must have ALL the gear below.

1. White head gear
2. Chest protector (red /blue reversible)
3. Groin cup (males only)
4. Forearm pad
5. Mouthpiece (needs to fits properly!)
6. Gloves
7. Shin and instep pad